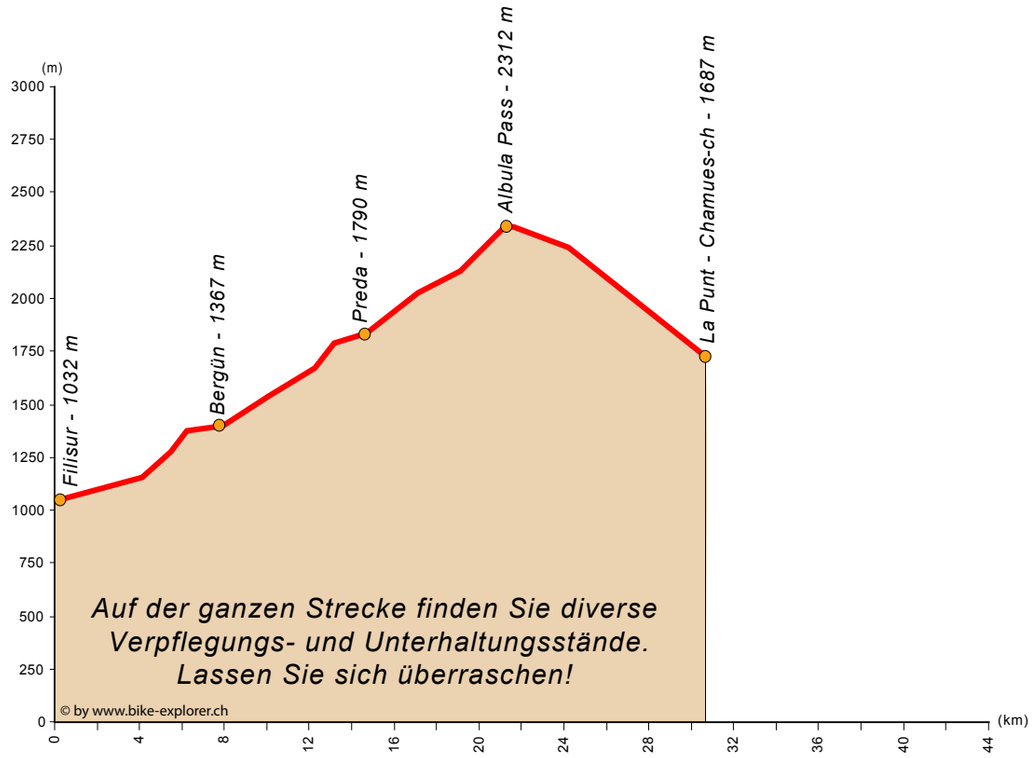090612_slowup-albual-profil.pdf 12.06.2009 23:02:09